

Glycerine Melt and Pour Instructions

Here are **the basics of Glycerine Melt and Pour soap making** so that you can enjoy making custom soaps at home using this simple methodology.

Before you start, make sure that you have all your supplies and ingredients.

Here's a list of what you will need:

- A large heat resistant measuring cup (1 litre is usually fine)
- A microwave or double boiler
- A sharp knife
- Melt and pour soap base
- A wooden spoon for mixing the base
- Your choice of fragrance or essential oils
- Your choice of skin care additives (lavender, green tea, chamomile, potpourri)
- Soap making dye or pigment (you can use food colourant, but they will bleed if layering)
- Soap making mould (you can use any silicone mould for this; use old milk cartons or yoghurt cups) just remember the soap when pouring will be **HOT**

Your first step is to find out how much soap is needed to load your moulds. One of the easiest ways to do this is by filling the mould with water and then dumping the contents into a measuring cup, which will then show you how much you'll need.

You should **always** melt a little bit more soap than what you actually need because some of the base **could** stick to the side of the melting container



Next, cut the solid soap base into small chunks (1-2.5cm) or slivers for quicker melting, and measure out the appropriate amount needed. It doesn't have to be exact but do remember to overestimate a little and always use a heat resistant glass measuring cup; like Pyrex.

Now, liquefy your base.

We find it more convenient to melt the soap base in a microwave instead of a double boiler; but that's up to you. If you choose to use a microwave, **only melt the soap a little bit at a time to prevent it from boiling over**. I usually start at 2 minutes and then do shorter intervals until it's completely melted. Boiling will cause the soap to sweat after it has cooled in the mould.



Keep in mind that **the amount of time it takes to melt depends on the power of your microwave and the amount of base you are trying to liquefy**.

Just to be safe, I recommend that you start with 45 seconds to get a gauge for how much time your melt and pour base needs to spend in the microwave and then look and see in 30 second time increments. *It's better to be safe than sorry!*

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Now it's time to get out your wooden mixing spoon / paddle pop stirrer.

If there are only a few bits left not melted gently stir the soap until all the chunks are completely melted, revealing a smooth consistency.

Caution: Once all the soap is melted, be extremely careful! ### DO NOT OVERHEAT THE SOAP. ### **The melt and pour soap base can get exceptionally hot in the microwave due to the ingredients.**



Now for the fun part! Add your colouring, skin care additives, fragrance or essential oils if any.

Get creative with it and have fun! This is your chance to create your own custom beauty bar.

For this particular recipe, I added a transparent blue colour (you start with one or two drops; mix and see if the colour is just right and if not add another drop or two), green tea leaves and a little bit of lemon fragrance (2-3 drops for each soap bar).



Finally, pour the soap into the mould. Don't hesitate too long as you need to do this **before** it re-solidifies.



You can also experiment with different colour layers and/or cutting shapes into the mould and pouring clear M&P over them.

Allow the soap to completely harden (overnight) before you try to remove it from the mould. You can speed up this process by placing it in the refrigerator (2-3 hours).

Last, but not least, pop your finished product out of its mould and enjoy your new creation! If you need to store them, cover them with cling wrap.

OK...clean up time.

One **important tip:** It is vital that you wash all equipment by hand and not in the dishwasher. The excess soap that sticks to your equipment can cause a dishwasher too make suds and make your dishwasher leak. Trust me, **that's not fun!**



Congratulations! After cleaning up you are now finished creating your first simple soap making project...wasn't that great? As you continue to learn more about soap making you



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may find yourself returning to the melt and pour method quite often as it is much easier than other techniques that involve making soap from scratch.

Are you ready for something a little different?

Go to our website <https://www.ebotaniq.au/> for more products and expand on the creations you can make at home!